# Josip Juraj Strossmayer University of Osijek Faculty of Kinesiology Osijek



INFORMATION PACKAGE FOR STUDENTS

#### Faculty management

#### Dean

Dean's office no. 1

Vesnica Mlinarević, full professor, Ph.D.

Office hours / Tuesday at 11 am

Contact / vesnica.mlinarevic@kifos.hr

#### Vice dean for teaching

Vice dean's office no. 8

Zvonimir Tomac, associate professor, Ph.D.

Office hours / Wednesday at 11 am

Contact / zvonimir.tomac@kifos.hr

# Vice dean for science and international cooperation

Vice dean's office no. 10

Iva Šklempe Kokić, assistant professor, Ph.D.

Office hours / Monday at 10 am

Contact / iva.sklempe.kokic@kifos.hr

## Vice dean for development, professional work and business relations

Vice dean's office no. 8

Tvrtko Galić, assistant professor, Ph.D.

Office hours / Tuesday from 10 to 12 am

Contact / tvrtko.galic@kifos.hr

#### Faculty's secretary

Secretary's office no. 3

Danijela Išasegi Drenjančević, LL.M.

031/559-302

danijela.isasegi.drenjancevic@kifos.hr

## Address

Faculty of Kinesiology Osijek Drinska 16a, CRO-31000 Osijek ured@kifos.hr +385 (0)31 559 300

> Office for students referada@kifos.hr +385 (0)31559310



#### About Josip Juraj Strossmayer University of Osijek

University of Osijek was established on May 31st 1975. Since 1990, the University carries the name of Josip Juraj Strossmayer, who was born in Osijek, known as bishop, educator, exceptional philanthropist, humanist, founder of today's Croatian Academy of Sciences and Arts, politician, visionary and certainly one of the most influential people in our region at the end of the 19th century. The university's recent history is a continuation of the more than three-century-long tradition of higher education in the town of Osijek, in which the Studium Philosophicum Essekini was founded in 1707, and in 1724 the Studium Theologicum Essekini, which in 1735 became first class general higher education institutions - Studium Generalae Theologicum Prime Classis. Today, the university consists of 16 scientific-teaching and artistic-teaching components, of which there are 11 faculties, one academy and four university departments. The University has the following university institutions: University and City Library and Student Center, University Center for Quality Assurance of Higher Education, Center for Professional Studies, University Center for Lifelong Learning and University Center for Bibliographic and Documentary Materials on Josip Juraj Strossmayer and Church History.

#### Contact

Josip Juraj Strossmayer University of Osijek Trg Sv. Trojstva 3, 31000 Osijek T (031) 22 41 02, 22 41 10, 22 41 20, 22 41 30 F (031) 20 70 15 rektorat@unios.hr

#### About the Bologna process

The Bologna Declaration was a joint declaration of the European education ministers signed in 1999 in Bologna, which marked the process of higher education reform known today as the Bologna Process. The Republic of Croatia signed the Bologna Declaration in 2001.

#### The aims of the Bologna Declaration and the Bologna Process

- Adoption of a system of easily recognizable and comparable degrees, among other things by including Diploma Supplements, in order to improve the employment of the European citizens and the international competitiveness of the European Higher Education Area.
- Adoption of a system essentially based on two main cycles, undergraduate and graduate. Graduation from the first cycle, in the duration of at least three years, is a precondition for enrolment to the second cycle. The qualification awarded after the first cycle should be aligned with

the levels recognized at the European labor market. The second cycle leads to the master/doctoral cycle, as is the case in many European countries.

- Establishment of a system of credits, such as the ECTS, as an adequate mechanism for promoting student mobility. The credits can be awarded outside the higher education system, and within the lifelong learning, provided they are recognized by the host institution.
- Facilitation of mobility includes removing obstacles to free movement, especially for students, in access to higher education institutions and the connected services, teachers, researchers and administrative staff, in recognition and valorization of periods spent in a European context researching, teaching and training, without prejudicing their statutory rights.
- Promotion of European cooperation in quality assurance, aimed at assuring comparable standards and methodologies.
- Promotion of the important European dimensions of higher education, especially in the development of curricula, interinstitutional cooperation, mobility programmes and joint study, education and research programmes.

#### INFORMATION ABOUT THE FACULTY OF KINESIOLOGY OSIJEK

#### History of the Faculty of Kinesiology Osijek

The Faculty of Kinesiology Osijek is the youngest scientific-teaching component of Josip Juraj Strossmayer University in Osijek and was founded on August 3<sup>rd</sup>, 2020. Its mission is to contribute to society by educating staff on university study programs and by conducting scientific research work in social and interdisciplinary fields.

In the academic year 1961 / 1962, the Pedagogical Academy began its work, which is based on the education of primary school teachers, and among the joint studies, Physical Education is also implemented. In the academic year 1977 / 1978, the Pedagogical Academy grew into the Faculty of Pedagogy, and at the same time, the Department of Physical Education and the Physical Education study program were also developed. The aim of the Department of Physical Education at the Faculty of Pedagogy was the implementation of physical education and the implementation of sports activities for students of the University of Osijek.

Higher Teacher Training College was founded in 1998 / 1999 and takes over the education of preschool and primary school teachers, and with the statutory change in 2005 / 2006, the same institution changed its name to the Faculty of Teacher Education.

The development strategy of Josip Juraj Strossmayer University in Osijek from 2011 to 2020 emphasizes the organization of the study of Physical Education at the Faculty of Teacher Education in Osijek. Therefore, the Faculty of Teacher Education changed its name to the Faculty of Education, where in 2015 the process of starting the study of Kinesiology at Josip Juraj Strossmayer University in Osijek will begin. At the same Faculty, the sub-

department of Kinesiology was established in 2016, and in the same year the procedure for starting the new Undergraduate University Study Program of Kinesiology was initiated.

In 2017, the Department of Kinesiology was established at the Faculty of Education, and in the academic year 2017 / 2018, classes at the Undergraduate University Study of Kinesiology will begin. In the first year of studies, 57 students enrolled in 2 modules; Sports and Kinesiological recreation.

On September 25<sup>th</sup> 2019, at the 9<sup>th</sup> session, the Senat of Josip Juraj Strossmayer University in Osijek passed the conclusion on accepting the initiative of the Rector of the Josip Juraj Strossmayer University of Osijek, Vlado Guberac, full professor, Ph.D. to determine the justification for the establishment of the Faculty of Kinesiology in Osijek.

On May 27<sup>th</sup> 2020, the Senate of the Josip Juraj Strossmayer University of Osijek made a decision to establish the Faculty of Kinesiology in Osijek as an independent component of the University which was registered in the Commercial Court in Osijek on August 3<sup>rd</sup> 2020, and will begin teaching and research activities on October 1<sup>st</sup>, 2020.

## Contemporary moments of the Faculty of Kinesiology Osijek

The Faculty of Kinesiology Osijek has established cooperation with sports associations of the town of Osijek and the Osijek Baranja County, and in accordance with the Strategy of Sports Development in Osijek and the needs of the regional community, it is developing new study programs and lifelong learning programs. The goal is to educate staff working in sports clubs and associations for the implementation of sports recreation for the entire social community. In addition to university study programs, the Faculty of Kinesiology Osijek also implements lifelong learning programs and works intensively on the development and implementation of professional study programs that will provide employees of sports associations with additional competencies to acquire qualifications for performing tasks within the activities defined by the Law on Sports.

# Organizational structure of the Faculty of Kinesiology Osijek

The organizational units of the Faculty are departments, sub-departments, secretary office and library.

Faculty bodies are dean and Faculty council. The Dean represents the Faculty, is its leader and has all the rights and obligations in accordance with the Statute of the University and the Statute of the Faculty.

Vice deans assist the dean in her work. The Faculty has three vice deans: vice dean for teaching; vice dean for science and international cooperation; vice dean for development, professional work and business relations.

The Faculty Council consists of all full professors tenure, full professors, associate professors and assistant professors, one (1) representative of teachers elected to teaching positions, one (1) representative of associates elected to associate positions who have an employment contract at the

Faculty, one (1) representative of others employees who has a contract of employment at the Faculty and student representatives who make up at least 15% of the total number of members of the Faculty Council. The Secretary participates in the work of the Faculty Council, without the right to vote.

#### Mission and vision of the Faculty of Kinesiology Osijek

The mission of the Faculty of Kinesiology Osijek is to enable the highest academic standards in scientific and teaching activities and to ensure that students acquire competencies in accordance with the needs of sports, society and national development.

We contribute to the development and social inclusion of creative and competent professionals, scientists and students in all fields of kinesiology and related scientific disciplines, respecting the needs of the labor market and society as a whole.

By cooperating with related domestic and international higher and public institutions, institutes and sports federations, the Faculty of Kinesiology Osijek promotes sports and encourages the advancement of teachers and students by joining the European higher education area through international cooperation and mobility programs for students, researchers and teachers.

The Faculty of Kinesiology Osijek strives to improve the quality of higher education and will develop study programs, projects and lifelong learning programs in accordance with the needs of society and sports as global universal values.

The Faculty of Kinesiology Osijek will strive for creating new knowledge in the field of kinesiology, sports and related scientific disciplines based on the competence approach, learning outcomes and principles of lifelong learning, encouraging excellence in research, the quality of higher education, especially in the academic and sporting achievements of students, respecting academic values and ethical principles.

## Study programs of the Faculty of Kinesiology Osijek

# Undergraduate University Study Program of Kinesiology

Duration of the study: 3 years – 6 semesters (180 ECTS credits)

Academic title

Bachelor of Kinesiology (univ. bacc. cin.) - a coach accompanied by a study module

Description of the program

After the first semester, the student chooses an elective module:

- 1. Sports module
- 2. Kinesiological recreation and fitness
- 3. Conditional preparation of athletes
- 4. Kinesitherapy

Upon completion of the Undergraduate University Study of Kinesiology, students acquire general professional competences and the necessary qualifications for work in:

- The field of sports (as sports coaches),
- The field of conditional preparation of athletes (as conditional sports coaches), the field of kinesiological recreation and fitness (as leaders of sports, recreation and fitness programs in free time of people of all ages in different institutions, organizations and business entities),
- The field of kinesitherapy and adapted physical activity (as leaders of kinesitherapy and adapted physical activity).

The Bachelor of Kinesiology (univ. bacc. cin.) will be trained in an expert approach based on scientific knowledge of the exercise process to evaluate the expected kinesiological effects, manage transformation processes in achieving sports form and optimal sports results, and help improve and maintain the health of participants in kinesiology activities.

After completing the Undergraduate University Study of Kinesiology, the students will acquire the necessary competencies and skills that will enable them to successfully implement and create plans and programs of training processes in sports, kinesiological recreation and fitness, conditional preparation of athletes and kinesitherapy as well as managing human, financial and spatial resources important for successful operations in certain areas of application.

On the basis of compulsory courses from basic kinesiology disciplines and interdisciplinary fields, students will acquire the following competencies by successfully mastering the learning materials:

- 1. Studying the general laws of human movement, managing the exercise process, and studying the consequences these processes have on the human body.
- 2. Application of knowledge about historical factors of sports development and training theory.
- 3. Basic knowledge from biomedical disciplines about the anthropological characteristics of participants in sports (competitive sports, conditional preparation of athletes), kinesiological recreation and fitness, kinesitherapy.
- 4. Basic knowledge from social and humanistic scientific-teaching disciplines about psychological-pedagogical-sociological factors of the process of physical exercise and teaching.
- 5. Knowledge required for the analysis of kinesiology activities that represent the content of the training process and the process of recreational exercise.
- 6. Understanding and application of basic statistical and kinesiometric procedures for measuring basic and specific abilities and characteristics of participants involved in various physical exercise and sports programs.
- 7. Knowledge about the dangers and consequences of excessive stress on children in the processes of physical exercise and sports.
- 8. Implementation of organizational and management tasks in different sports organizations.
- 9. Application of theoretical and methodological knowledge in the function of creating and implementing a plan and program of transformational processes in the field of sports and sports recreation.
- 10. Knowledge and use of basic kinesiology terminology in English language through work on professional texts.

Elective study modules will enable completion of the necessary competences and skills for better performance of professional work in the study modules of sports, kinesiology recreation and fitness, conditional preparation of athletes and kinesitherapy:

- 1. Planning, programming, execution and control of training work in the chosen sport with people of different genders, different ages (from children to adults) and different qualities (from beginners to top athletes).
- 2. Planning, programming, execution and control of various sports-recreational exercise programs and fitness programs with mostly adults.
- 3. Implementation of different conditional preparation programs based on planning, programming, execution and control of the fitness training process in different sports with athletes of different ages, genders and quality, as well as other users of conditional preparation programs.
- 4. Planning, programming, implementation and evaluation of kinesitherapy interventions based on functional status and according to the individual needs of the user with the aim of preventing and rehabilitating injuries, damage, diseases and disorders of various organ systems of the human body.



# The Undergraduate University Study of Kinesiology is conducted as a full-time and part-time study.

# Criteria for compiling a ranking scale for admission to the Undergraduate University Study of Kinesiology

The ranking scale for the enrollment of registered applicants in the 1st year of studies is compiled according to the scoring system as follows:

	percentage	Number of points
Evaluation of high school grades	24%	240
Obligatory part of state Matura exam	36%	360
Croatian language level B	15%	150
Mathematics level B	11%	110
Foreign language level B	10%	100

#### Additional requirements (elimination criteria)

#### Mandatory verification of swimming skills and health abilities

Additional verification of specific knowledge, skills and abilities Verification of specific motor skills and/or motor abilities (Minimum 37.5%)

percentage	points
40%	400

#### Direct enrollment

Top athletes of the Republic of Croatia (categories I - II) can directly enroll in the study program, provided they are in good health and provided they pass the swimming test.

# Graduate University Study Program of Kinesiology education

Duration of the study:

2 years – 4 semesters (120 ECTS credits)

## Academic title

Master of Kinesiology Education (mag. cin.)

#### Description of the program

Competences that the student acquires at the end of the studies:

Upon completion of the Graduate University Study of Kinesiology Education, students acquire general professional competences and necessary qualifications for work in the field of sports, in the field of kinesiology teaching of preschool children (leaders of kinesiology sports programs for preschool children) or in the field of education.

Masters of Kinesiology Education are competent to teach physical education at all levels of education, from preschool to college age.

## Criteria for compiling a ranking scale for admission to the Graduate University Study of Kinesiology Education

Applicants who have completed the Undergraduate University Study of Kinesiology and gained 180 ECTS credits and who have proof of appropriate health are entitled to enroll in the Graduate University Study of Kinesiology Education.

The ranking list of priorities for determining the right to enroll in the study program is compiled according to the success achieved at the University Undergraduate Study of Kinesiology, that is, the Professional Study of Kinesiology and the passing of aditional obligations.



# Lifelong learning programs

# Head of conditional preparation

#### Duration of the study:

The training program will be implemented through regular classes, lasting 312 hours, of which 106 hours of theoretical classes, 106 hours of exercises and 100 hours of practical classes are planned.

In regular classes, the curriculum is carried out as a whole with the entire educational group, and participants are obliged to attend classes regularly.

A total of eight mandatory teaching units are planned with a theoretical teaching of 106 hours. Classes are held in the premises of the institution, i.e. lecture halls and offices of the higher education institution. Exercises with a total duration of 106 hours are realized in the Faculty hall or on open sports fields. The practical part of the program amounts to 100 hours, and can be performed in several ways by conducting one or more activities of conditional preparation, under the supervision of the head of practical classes.

Competences that the student acquires upon completion of the lifelong learning program:

- 1. Describe the elementary functions and actions of the locomotor, cardiovascular and respiratory systems of the human organism.
- 2. Differentiate elementary physiological processes in the human body with special emphasis on possible influences on them during kinesiology activity.
- 3. To identify and describe the psychological processes that occur at the basis of different forms of behavior, and to recognize and differentiate the basic needs and rules for successful communication with all participants of the program.
- 4. Use the basic knowledge of human nutrition necessary to understand the proper nutrition of different population groups.
- 5. Differentiate and apply the basic teaching principles of sports training.
- 6. Organize and implement the content of outdoor and indoor conditioning training with the aim of optimal use of space and didactic aids.
- 7. Analyze and select spatial, material and specific prerequisites starting from the set goals, and taking into account the characteristics of the participants, their age, gender and interests.
- 8. Apply safety measures at work and provide basic first aid until the arrival of an expert.

### Conditions for enrolling in the lifelong learning program

Attendees who meet the following criteria can enroll in the program:

- a) minimum completed four-year secondary school.
- b) 18 years of age.
- c) specific skills and knowledge in the field of conditional preparation that the participant has acquired through informal learning or playing sports and which is proven in the entrance exam.
- d) medical certificate of health ability for the job of head of conditional preparation.

Before starting the training program, the participants are required to pass certain tests (entrance exam) that verify their level of preparedness to follow the lifelong learning program Head of conditional preparation.

#### Head of sports and recreational activities

Duration of the study:

The training program will be implemented in regular classes and/or in consultative-instructive classes, lasting 306 hours, of which 110 hours of theoretical classes, 86 hours of exercises and 110 hours of practical classes are planned.

In regular classes, the curriculum is carried out as a whole with the entire educational group, and participants are obliged to attend classes regularly. A total of seven compulsory teaching units are planned. Theoretical classes are conducted in the premises of the institution, i.e. in the lecture halls and offices of the higher education institution.

Competences that the student acquires upon completion of the lifelong learning program.

Upon completion of the program, the participant will be able to:

- 1. Describe the basic parts and functions of the locomotor, cardiovascular and respiratory systems.
- 2. Differentiate elementary physiological processes in the human body with special emphasis on possible influences on them during kinesiology activity.
- 3. Differentiate and apply the basic principles of sports recreation.
- 4. Predict the time, duration and frequency of use of certain sports recreation contents.
- 5. Analyze and select spatial, material and specific prerequisites starting from the set goals, and taking into account the characteristics of the participants, their age, gender and interests.

- 6. Organize and implement regular and occasional activities and contents of outdoor and indoor sports recreation with the aim of optimal use of space and didactic aids.
- 7. Communicate in an appropriate way with the participants of the sports recreation program, other collaborators, the professional team, the administration of a specific sports facility, spa or hotel.
- 8. Apply safety measures at work and provide basic first aid until the arrival of an expert.

#### Conditions for enrollment

Attendees who meet the following criteria can enroll in the program for the Head of sports and recreational activities:

- a) minimum completed four-year secondary school.
- b) 18 years of age.
- c) recommendation of the Croatian Federation for Sports Recreation "Sport for all" or town or county sports recreation association or recommendation of the community of sports associations at the county or town level.
- d) medical certificate of health ability for the job of Head of sports and recreational activities.

### Differential program

## Duration of the program

The expected duration of the program is one academic year.

# Purpose of the program

Differential program for enrollment in graduate university studies at the Faculty of Kinesiology Osijek is designed to enable students who have completed undergraduate professional studies, i.e. professional bachelor's degrees, to have vertical access to education at the graduate university studies at the Faculty of Kinesiology Osijek by mastering the basic courses of Undergraduate University Study of Kinesiology.

#### Learning outcomes

Upon completion of the differential program at the Faculty of Kinesiology Osijek, participants will acquire competencies in the field of kinesiology and disciplines related to kinesiology that are compatible with the competencies acquired at the Undergraduate University Study of Kinesiology.

- acquire basic theoretical and practical knowledge and skills in the field of kinesiology
- apply theoretical knowledge from disciplines related to kinesiology necessary for studying at the university level

- apply appropriate methods and procedures when planning, programming and evaluating transformational processes in kinesiology
- apply basic kinesiology laws about the influence of physical activity on different segments of the anthropological status of man
- plan and program kinesiology activities, choose adequate kinesiology operators and loads that can cause qualitative and quantitative changes in the human body
- identify and analyze the characteristics of sports activities, the components of training and sports form, the laws of sports selection and the success factors of a sports career in all branches of sports
- apply the acquired knowledge in designing the plan and program of sports training
- analyze the definitions and basic concepts of the pedagogy of lifelong learning
- apply communication approach and competences in the concept of lifelong learning
- perform morphological measurements and use the results of the measurements in assessing the state of nutrition and body composition
- apply measuring instruments in kinesiology and interpret the obtained results.

# Conditions for enrolling and attending differential program

The condition for enrolling is completed professional studies in the field of kinesiology or related fields from other higher education institutions with a bachelor's degree.

#### Library

Library of the Faculty of Kinesiology Osijek Drinska 16 a, 31000 Osijek

Isuster@kifos.hr

web site: https://www.kifos.hr/knjiznica/

facebook: Knjižnica Kineziološkoga fakulteta Osijek

instagram: @knjiznica kifos

The library is open for users every work day from Monday to Friday from 8:30 am to 2:00 pm.

Head of the Library is Lana Šuster, senior librarian.

#### About the library

The library was founded on February 16, 2022, and since then the library collection consists mainly of materials from the field of interdisciplinary social sciences. Library collection fully covers the literature of all study courses at the Faculty of Kinesiology Osijek, and various types of material are also represented (books, publications and audiovisual material). Library materials are available to all employees of the Faculty, students (full-time undergraduate and graduate students, part-time students, participants of lifelong education and students of postgraduate university studies), scientists from other scientific institutions, educational employees of Osijek-Baranja County, employees of all higher education institutions in the Republic of Croatia and students of all higher education institutions in the Republic of Croatia. In addition to basic library services such as borrowing materials, using materials and computer equipment in reading rooms, the Library provides an interlibrary loan service for titles it does not own, as well as assistance in finding appropriate literature by searching library catalogs, local databases and other sources of information, as well as electronic databases in the country and in the world. The library tries to mark important dates of the Faculty with appropriate programs and encourages cultural and sports events in order to promote reading and the use of literature.

# Library services

- ensuring access to library collection
- provision of information and referral services
- ensuring access to databases and other sources of information
- ensuring the loan of books from other libraries in the country and abroad using the interlibrary loan service
- ensuring the use of the service Ask the librarian for the purpose of finding literature for the preparation of seminars, final and diploma theses
- user education on the use of information sources and on the use of the library's online catalog



#### Borrowing materials and membership

Students of the Faculty of Kinesiology Osijek become members of the library by enrolling at the beginning of the winter semester of each academic year, and membership is renewed by enrolling in the higher year of study. Also, the latest information and general information about the library are available on the website of the Faculty of Kinesiology Osijek. On the library's website, it is possible to access online services via form (Ask a librarian, interlibrary loan and Bibliometric services). The online catalog of the library of the Faculty of Kinesiology Osijek is available on the library's website.

## Teaching

The start of the academic year is scheduled for the beginning of October and is marked by the Academic Hour, which is announced on our website. The courses are divided into obligatory courses and elective courses. Courses can also be divided into theoretical part, practical part and seminars. Teaching takes place in several locations.

- 1. Faculty of Kinesiology Osijek, Drinska 16a
- 2. Spots hall Gradski vrt, Kneza Trpimira 23, 31000, Osijek
- 3. City pools, Športski objekti, Martina Divalta 6A, 31000, Osijek
- 4. Student campus Osijek FAZOS, Kralja Petra Svačića 1c, 31000 Osijek
- 5. Student campus Osijek, FOOZOS, Cara Hadrijana 10, 31000 Osijek
- 6. Josip Juraj Strossmayer University of Osijek, Trg Svetog Trojstva 3, 31000 Osijek
- 7. Student center Osijek, Istarska ulica 5, 31000 Osijek
- 8. Žito Gymnastics Club Osijek, Kralja Zvonimira5, 31000 Osijek



#### Taking exams

Full-time students can take the exam in each course a maximum of 4 times in one academic year and if they do not pass the course in that one academic year - they can transfer the course to the next academic year. In the following academic year, a full-time student can then take the exam from the course he transferred a maximum of 4 times, with a note that if it comes to the 4<sup>th</sup> time (8<sup>th</sup> time in total) - the exam is taken before the Examination Committee and if the exam is not passed then a full-time student loses the right to full-time studies and can then continue his studies only in part-time status.

#### ECTS credits

Each course carries a certain number of ECTS credits. Each academic year contains 60 ECTS credits. In order for a student to obtain the right to enroll in the higher (second) year of study, he must obtain at least 48 ECTS credits during the academic year - this condition applies equally to full-time and part-time students. If a full-time student gains at least 55 ECTS credits during the academic year, he only pays the costs of enrollment and projects of the Student Assembly (130.00 HRK) when enrolling in the higher year. If a full-time student does not earn at least 24 ECTS credits during the academic year, he loses the right to full-time studies and can only continue his studies as a part-time student at his own request. If a full-time student achieves less than 48 ECTS credits and more than 23 ECTS credits during the academic year, he can repeat the year by paying the costs of Student Assembly's projects (30.00 HRK) and tuition according to the linear study model. Part-time students always pay the same tuition fee of 10,000.00 HRK as well as the costs of enrolling in the higher year (130.00 HRK) or repeating a year (30.00 HRK) as regular students. Enrollment costs and tuition fees that students must pay when enrolling in higher years of study or repeating a year are determined by the Decision on special fees at the Josip Juraj Strossmayer University in Osijek and scientific and teaching components in 2019 and the Decision on the linear model of studying at the Josip Juraj Strossmayer University in Osijek. The aforementioned Decisions are available for reading on the websites of the Faculty and University. Enrollment in higher/repeating years is done every year at the end of September. In case of ambiguities or the need for additional information, you can contact the Office for Students.

## The recognition of a passed exam

In the event that a student has passed a certain course at another higher institution, he can request the recognition of the exam from the course professor using the provided form. At the same time, it is necessary to attach to the form a transcript of grades from the higher education institution where the course was taken. The necessary form can be found in the Office for Students. At the end, the completed form is submitted to the Office for Students, which then notes the exam in the ISVU system (studomat). As part of the recognition of the exam, it is not necessary to register for the exam via studomat.

#### Professional practice

In the summer semester, students of the Undergraduate University Study of Kinesiology do a practice in institutions that deal with physical activity or in sports associations and clubs in agreement with the professors who are responsible for monitoring the practice. After the practice has been successfully completed – the written diary is submitted to the professor, who then submits the entire record to the Office for Students, which then records it in the ISVU system (studomat).

In the summer semester, students of the Graduate University Study of Kinesiological Education do a practice in educational institutions that are selected for the student in agreement with the professors who are responsible for monitoring the practice. After the practice has been successfully completed - the written diary is submitted to the professor who then submits the entire record to the Office for Students, which then records it in the ISVU system (studomat).

#### Office for students

The Central Office for Students is available to provide you with all the necessary information regarding your rights and obligations during your studies. The office for students is also in charge of issuing the necessary certificates and transcripts of grades as part of the studies. Office hours for students are every weekday from 8:00 am to 3:00 pm, and special time is set aside for students every weekday from 9:00 am to 12:00 pm. Head of the Office for students is Darko Matotek mag. oec.

T 031 559 310

E dmatotek@kifos.hr



#### Accommodation

The Ministry of Science and Education annually adopts criteria for allocating places to students of university and professional studies in dormitories of student centers in the Republic of Croatia.

The website where you can find information related to accommodation criteria is <a href="https://mzo.hr/hr/rubrike/studentski-standard">https://mzo.hr/hr/rubrike/studentski-standard</a>
Information about the announced tenders, application and conditions for exercising the right to accommodation in a student dormitory and subsidy for private accommodation can be found on the website of the Student Center in Osijek <a href="https://www.stucos.unios.hr">www.stucos.unios.hr</a>

## Health insurance for students

According to the Compulsory Health Insurance Act, the following categories acquire insured status:

• full-time secondary school students and full-time university students over 18 years of age who are citizens of the Republic of Croatia and have a residence or stay in the Republic of Croatia, or citizens of the Republic of Croatia with a residence in another member state who have an approved

temporary residence in the Republic of Croatia, provided that they do not have compulsory health insurance in another member state, and foreigners with approved permanent residence in the Republic of Croatia, providing that they can use this right no longer than until the end of the school year, i.e. the end of the academic year in which they completed their regular education, but no longer than the age of 26 years,

- full-time high school students and full-time students of higher education institutions in other member states over 18 years of age, who are citizens of the Republic of Croatia and have a residence in the Republic of Croatia, and foreigners with approved permanent residence in the Republic of Croatia, providing that they can use this right no longer than until the end of the school year, i.e. the end of the academic year in which they completed regular education according to the regulations of the country of education, but no longer than the age of 26,
- persons with residence or approved permanent residence in the Republic of Croatia over the age of 18, who, according to the regulations on education in the Republic of Croatia or in another member state, have lost the status of full-time pupil, i.e. full-time student if they have registered with Health Insurance Fund within 30 days from the day they lost the status of a full-time pupil or a full-time student and if they cannot exercise the right to compulsory health insurance on another basis.

A full-time student can obtain the status of a health insured person based on a family member with a certificate stating that he has the status of a full-time student. This certificate must be submitted to the parent's employer every academic year by October 31st of the current year, and the student must request it at the Office for Students when enrolling in the same or higher year of study.

A student loses the status of insured person on the basis of a family member in the following cases - when he loses the status of a full-time student and when he still has the status of a full-time student, but has turned 26 years.

In the case of losing the status of a full-time student, and in order to exercise the right to health insurance on another basis, it is necessary to take into account the deadline for applying to the Croatian Health Insurance Fund.

This deadline is 30 days from the loss of full-time student status or when the student turns 26 years of age.

In the event that a student does not enroll in the new academic year within the regular enrollment period, by the end of September 30<sup>th</sup> of the current year, his status as an insured person on the basis of a family member ends on that day and the 30-day period for applying to the Croatian Health Insurance Fund begins. Failure to comply with this deadline results in the loss of rights from compulsory health insurance and the obligation to undertake independent payment of compulsory health insurance fees. No additional examination periods can extend the specified period. For other cases of loss of full-time student status, the obligation to register with the Croatian Health Insurance Fund within 30 days also applies. Full-time students after completing their education have a deadline of 30 days from the day of graduation to apply to the Croatian Health Insurance Fund and then, as unemployed persons, they have the right to compulsory health insurance.

#### Health care

Students who have a health card issued by the Croatian Health Insurance Fund can exercise their right to health care in any health center. However, as a first step, it is recommended to visit the clinic for students, where you can get a doctor's advice.

#### Clinic for students of the Faculty of Kinesiology Osijek

Vesna Buljan, dr. med. Specialist of school medicine Wednesday 2<sup>pm</sup> to 7<sup>pm</sup>, room 35; T 031 225 751

Prior notice via e-mail to this electronic address is required:

E skolskatim1osijek@gmail.com

#### Student identification card (iksica)

At the incentive and with the support of the Ministry of Science and Education of the Republic of Croatia, the informatization of the system of subsidized meals for students of colleges and universities was introduced. For this purpose, students are issued magnetic cards with a personal photo. Students exercise their rights through student identification cards (iksica). A student card is an identification document that proves the status of a student. By using the student card, students are able to exercise their rights (to food, discount on city transport, etc.). The student card is in the form of a magnetic card, contains the name of the university or higher education institution to which the card user belongs, card number, first and last name, as well as a photo and signature of the owner. On the back of the card, there is a magnetic strip with the number of the card written on it, which, by reading the card on a magnetic reader, enables the identification of the owner of the card.

The card is valid until the end of the academic year (semester) in which the student has a valid enrollment, and its validity is periodically renewed by the home institution. The student card is non-transferable, which means that it can only be used by the person whose name it is on. Violation of the rules on the use of the card is considered its misuse.

Jurisdiction over the data on the rights of students lies with the institution of higher education, which is in charge of taking care of and updating the data on the rights of its students. Possible complaints due to denied rights and all other problems related to the student card will be resolved by the student exclusively in the Office for students on the faculty they study. Exchange students get their ID card at the Office for Students.

#### Subsidized meals

You have the right to subsidized meals only as a full-time student, and you exercise it with the help of a student ID card (iksica).

The right to support to cover the costs of student meals is exercised by a full-time student at an undergraduate university, graduate university, integrated undergraduate and graduate university, and short professional, undergraduate professional and specialist graduate professional studies at a higher education institution in the Republic of Croatia who is a citizen of a member state of the European Union. The right to support is exercised by the beneficiary of the support by enrolling in a study program at a university in the Republic of Croatia.

Duration of the right to cover the cost of meals

Beneficiaries enrolling in the academic year of study are entitled to support in the period from October 1st of the current year to October 15th of the following calendar year, except for the period from July 16th to August 31st.

Purpose of support

The subsidy covers part of the cost of personal daily meals in restaurants with which the Ministry of Science and Education of the Republic of Croatia or an institution authorized by it (student center, university) concludes an agreement on the provision of students' meals.

### Levels of entitlement to support

Beneficiaries of the support realize their right in different amounts depending on the level of the granted rights expressed by the number of complete daily meals. The level of the right to support is assigned automatically at the time of registration of the academic year or semester in the Information System of Student Rights in the amount of the right. The levels of the right to support are recorded with the numbers: 1, 2 and 2.5 and indicate the right to support in the value of one, two or two and a half meals per day.

The level 1 right belongs to all beneficiaries of support, including those who have exercised the right to accommodation in a student dormitory that provides food services.

The level 2 right belongs to the following groups:

- beneficiaries who live in the place of study and have a place of residence in another county (based on an identity card and a residence report to the police department or the station of the Ministry of the Interior responsible for the place of residence)
- beneficiaries who have a place of residence or stay in a place that is poorly connected by traffic to the place of study. Based on the proposal of the Student Assembly and the higher education institution, they are granted this level of rights by a special decision of the Ministry of Science and Education.
- foreign citizens who use support based on participation in international exchange (Erasmus, CEEPUS and international bilateral legal acts) as scholarship holders of the Ministry of Science and Education
- foreign citizens from EU member states studying in the Republic of Croatia.

The level 2.5 right belongs to the following groups of beneficiaries:

- beneficiaries who, in the tender of student centers, obtained the right to accommodation in a student dormitory that does not provide food services (on the basis of a confirmation from the student center or student dormitory)
- beneficiaries who struggle with extremely poor financial conditions based on a special decision of the Ministry of Science and Education, with special decision of the competent center for social welfare on the right to living expenses
- beneficiary of support a top athlete who proves that he resides in a place of study that is different from the place of registered residence (based on the decision on the categorization of athletes (I-III category) of the Croatian Olympic Committee, identity card and registration of residence to the police department or the station of the Ministry of the Interior responsible for the place of residence).

#### Amount of support

The subsidy covers 71.24% of the calculated price of menu meals and individual dishes that are part of the menu meal and 50% of the calculated price of individual dishes and other food products that are not part of the menu meal.

# Using support

The beneficiary of the grant proves and realizes his right by means of a student card, which is issued in accordance with the regulations governing student cards. Beneficiary enrolled at several higher education institutions can exercise the right to support exclusively based on enrollment at one higher education institution. The recipient of the grant can only be entitled to the grant on one student ID card. The account balance can be seen at the bottom of each invoice issued for that account, on the website of the SRCE University Computing Centre <a href="http://www.cap.srce.hr/">http://www.cap.srce.hr/</a>.

List of restaurants where you can use iksica:

Studentski dom canteen I. G. Kovačića 4

Novi studentski dom Kralja P. Svačića 1c

Restaurant of the Faculty of Food Technology F. Kuhača 18

Restaurant of the Faculty of Economics Trg Lj. Gaja 7

Restaurant of the Faculty of Humanities and Social Sciences L. Jagera 9
Restaurant Gaudeamus Istarska 5
Restaurant Kampus Trg L. Ružičke 3
Restaurant of the Department of Mathematics Trg Lj. Gaja 6
Restaurant of the Faculty of Law S. Radića 13
Self service restaurant Istarska 5
Stastičarna Apsolvent Istarska 5
Šank Campus Trg L. Ružičke 3
Coffee shop Studentski klub Istarska 5

#### BUTRA (BUs and TRAm)

Full-time students and unemployed part-time students are entitled to a student card upon presentation of an application form certified by the faculty. Only full-time students are entitled to a co-financed price for transport. In order to be entitled to the co-financed price of transportation, full-time students of Josip Juraj Strossmayer University in Osijek who are enrolled in the current academic year of study and have residence or stay in the area of the town of Osijek and in the area of the municipalities of Čepin (Čepin and Livana), Erdut (Bijelo Brdo) and Antunovac (Antunovac and Ivanovac) in addition to a certified application form, they should also bring a certificate of residence (a copy of an identity card can be used) or stay together with a signed consent from the GPP. In order to exercise the right to a student card, part-time students must bring a certificate from the Croatian Institute for Health Insurance, which confirms that, according to the Institute's insured records, they have the right to compulsory health insurance as an unemployed person. Students who have a student card from last year for the months of September and October can extend their cards without confirmation. To supplement the student card for November (and later), a certificate for the academic year 2019 / 2020 is mandatory for all students who did not bring the certificate in September and October (for co-financed transportation and the above-mentioned documentation).

T 031/228 332

E gpp@gpp-osijek.com

## The right to work through the Student Service

As part of its activity, the Student Service performs temporary and occasional employment of students. That is why membership in the Center itself is necessary. Membership is open to all full-time students, regardless of place of study or residence, full-time high school seniors and persons who have completed their studies as a full-time student, but no longer than three months after finishing high school or studies.

In accordance with the Regulations on the protection of market competition, the payment of student wages is made through an account opened in any bank in the Republic of Croatia. In order to extend the right to work, it is necessary to bring a certificate of the status of a full-time student and a student identification card for inspection. Note: by presenting the student identification card or student setvice card, you can pick up a contracts and get all the required information. By becoming a member of the Student Service, students have the possibility of employment through the Student Service, which enables them to earn additional income and improve their personal standards. Information about membership can be found on the website of the Student Center in Osijek <a href="http://www.stucos.unios.hr">http://www.stucos.unios.hr</a> under the section Student Service.

For additional information, you can contact the Student Center

T 031-220-600, 031-220-611, 031-207-121

E servis@stucos.hr

#### Student Assembly

Contact:

E <u>szkifos2020@gmail.com</u>

Instagram: @sz\_kifos

#### What is the Student Assembly?

The Student Assembly of the Faculty of Kinesiology of Josip Juraj Strossmayer University in Osijek is a student elected representative body that protects the interests of students, participates in the work and decision-making in the bodies of the Faculty of Kinesiology of Josip Juraj Strossmayer University in Osijek (hereinafter: Faculty of Kinesiology) and represents students of the Faculty of Kinesiology in the system of higher education.

#### Candidacy for the Student Assembly

Public elections for the Student Assembly of University constituents are prescribed by the Rector, and are conducted by the constituents independently. All full-time students of the component can apply. Each candidate must have a deputy.

Student elections are held every two years. The Student Assembly at our Faculty is made up of 9 students.

## Tasks of the Student Assembly

Caring for the quality of life of students and the study process, encouraging extracurricular activities and exercising student rights.

#### The role of student representatives in constituent bodies

- Faculty council has 3 representatives
- Committee for teaching and students
- Committee for monitoring and quality assurance of higher education
- Ethical committee
- Disciplinary court for students

#### Student sports and activities

As a component of Josip Juraj Strossmayer University of Osijek we compete in different sports on university level. Some of them are: futsal, football, basketball, volleyball, swimming, table tennis. In all sports we compete on the highest level and win first places at the University level which results in the selection of our students for University teams and competition at national and European level.

#### Students' associations

#### Student sports association KIFOS

The aim of the Association is to promote, improve, popularize and organize the development of sports at the University. The activities of the student association are the organization of sports competitions at the faculty, participation in student sports competitions at Josip Juraj Strossmayer University in Osijek, unification and coordination of members' activities, and cooperation with other student associations and other sports clubs.

#### KIFOS's Student section for science

The student scientific section is a self-initiated department founded by students who work on improving and unifying scientific work in the field of kinesiology. The work of the section includes

- Cooperation with other components of the J.J. Strossmayer University of Osijek
- Cooperation with other faculties in the Republic of Croatia
- Organization of guest lectures
- Preparation for different conferences
- Sharing information about conferences
- Acquisition of additional knowledge and skills in writing professional and scientific papers
- Sharing what has been learned and learning completely new knowledge and skills
- Preparation of final and graduate theses

#### Information package

Application procedure for the Undergraduate University Study in Kinesiology

The entire application process takes place through the National Information System of Applications to Higher Education Institutions (NISpVU), which serves candidates to apply to selected study programs, which also determines which state matura exams they must pass. The system is accessed via the Internet address <a href="https://www.postani-student.hr">www.postani-student.hr</a>

For the procedures of application, selection of a study program, ranking and publication of the ranking list, candidates are advised to use the official websites of the bodies that carry out these procedures, where all accurate, timely and complete information can be found: <a href="https://www.postani-student.hr/Ucilista/Default.aspx">https://www.postani-student.hr/Ucilista/Default.aspx</a>

National Center for External Evaluation of Education <a href="https://www.ncvvo.hr/">https://www.ncvvo.hr/</a> Agency for Science and Higher Education

https://www.azvo.hr/hr/

#### Ministry of Science and Education

https://mzo.hr/

You can find all other information related to the application of study programs, scoring for enrollment in study programs, evaluation of special achievements (competitions, categorized athletes), the right to priority during enrollment, temporary and final ranking lists on the website <a href="https://www.studij.hr/">https://www.studij.hr/</a> in the menus All about applications, FAQ and Calendar.

If you have additional questions about applications for study programs, you can contact the Central Application Office at the following contact  $T + 385 \cdot 16274 - 844$  (Monday – Friday,  $8^{am} - 4^{pm}$ )

# AGENCY FOR SCIENCE AND HIGHER EDUCATION CENTRAL APPLICATIONS OFFICE

Donje Svetice 38 10000 Zagreb

### Student rights and obligations

For all inquiries about student rights and obligations, the student can contact the Office for Students and the secretary of the Faculty of Kinesiology Osijek. Rights are regulated by university and faculty documents that are available to students in digital form on the website of Josip Juraj Strossmayer University in Osijek

www.unios.hr

Faculty of Kineziology Osijek

www.kifos.hr

Each study year has its own year leader, whom students can contact with questions and comments. Year leaders are listed on the Faculty's website <a href="https://www.kifos.hr">www.kifos.hr</a>

All professors are available to students, according to the course schedule and at the time of the office hours listed on the website and notice board at the Faculty of Kinesiology Osijek.



"The printing of this publication Information package for students of the Faculty of Kinesiology Osijek was made possible with the financial support of the Student Union of Josip Juraj Strossmayer University in Osijek. The opinions expressed in this Information package for students of the Faculty of Kinesiology Osijek are the opinions of the authors and do not necessarily express the point of view of the Student Union of the Josip Juraj Strossmayer University in Osijek."





